

## Community Garden

at Community of Christ

990 Meridian Ave., San Jose

Founded 2017

August 2024—Newsletter #41



"To plant a garden is to believe in tomorrow." - Audrey Hepburn

#### A message from the Executive Director

"The heat of autumn is different from the heat of summer. One ripens apples, the other turns them to cider."

- Jane Hirshfield.

You know all the clippings from your garden boxes that you drag over to the compost pile and the sunflower giants that have bloomed throughout the summer and have now turned their crispy faces to the ground and also wind up on the pile? They don't just fade away!

I experienced the magical earth cycle that turns the dying and decaying plants we have tended and enjoyed all summer into rich dirt, ahem, <u>soil</u> to be reused in next year's growing season.

Marcia and I were planting succulents in the pallet garden near the compost pile. I was aware that there was dirt in one of the cages. There are a series of frames for sifting the dirt to remove larger debris. I used the frames to sift the dirt and before long I had a wheelbarrow full of rich soil for our succulent project! I was amazed and even startled at what had been created!! It is a process and there are regular tasks that need to be attended too to make the compost cycle happen.

You may have also noticed that we have been working on a project called the "Diane Barnett Peace Arboretum". This is a series for four outdoor rooms which explore concepts of peace. Over the next two weeks, twenty-nine peace poles will be planted in the rooms. The poles have been created by people all over California and as far away as Missouri.

Creating peace is like creating soil in a compost pile. It is a cycle which needs regular tending to produce a rich life and a rich soil.

We will have a dedication ceremony for the Peace Arboretum on **Sunday 9/22/24 at 2pm**. The garden will open at 1 for tours of the garden. **Everyone is invited to attend.** 

Thank you for all the richness you bring to the garden!

Karen Marshall Executive Director.

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#### Thank You's and FYI's

- Thank you Peace Pole artists! Thank you to everyone who participated in the Peace Pole project. The poles you created are amazing!
- South Bay Modular Synthesizer Open Mic Nite
  Sponsored by Grateful Gardens Is On Summer Vacation
  (No July or August Performances) Open Mic Nites Will
  Resume September 14
- NO dogs off-leash while visitors are in the garden.
- When you use a garden hose please return the sprinkler head to the faucet (or in the case of the hose on the south side, to the hose caddy.) -- as a kindness to the next person. Also please try not to tangle long hoses.

If you want to volunteer for an assignment, send a text or call Collette 408-466-6292.

Stay tuned for announcements and the September Newsletter!

#### **SAVE THE DATE**

- Sept 14 Saturday, 7pm Electronic Open Mic resumes
- Sept 22 Sunday, 2pm Dedication of the Peace Arboretum
- October 19 Saturday, Hymn fest and Ice Cream Social (evening, TBD)
- December feedback needed for date Volunteer Appreciation party
- January 18 Saturday, 6pm Martin Luther King Jr Day of Remembrance: theatrical performance, dinner/reception afterwards

# Thanks to <u>WWW.kellogggarden.com</u> and <u>www.gardeningknowhow.com</u> for much of the information in this month's newsletter.

#### **ORGANIC GARDENING**

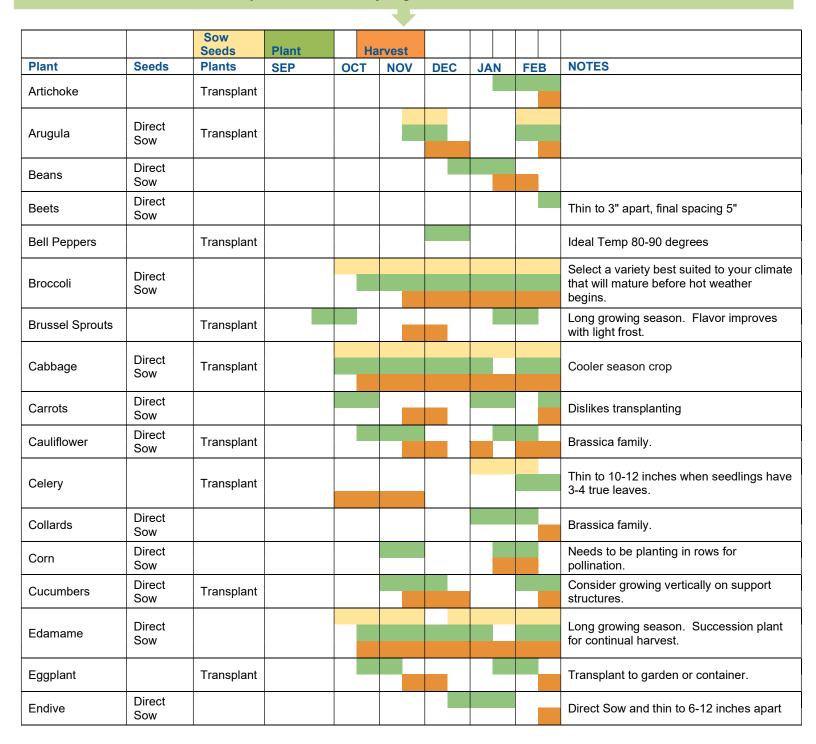
We are an organic community garden.
Please use only OMRI approved products including soil amendments, fertilizers, and pest control products.

#### **Gardening Hints and Tips**



- Continue to deadhead annuals and perennials to keep them blooming as long as possible.
- Pick tomatoes and peppers if frost is in the forecast.
- Divide iris and peonies.
- Bring green tomatoes indoors to finish ripening.
- Stop fertilizing trees and flowering shrubs. Tender new growth is likely to be harmed by winter freezes.
- Read more at Gardening Know How: Regional Gardening Tasks Growing a Western Garden in Sept

### September - February Vegetable/Herb/Fruit Guide



Fava Beans	Direct Sow					Prefers cooler weather.
Garlic	Direct Sow					Planting in Fall yields larger bulbs.
Gourds	Direct Sow	Transplant				Plant in hills that are well-spaced.
Green Beans	Direct Sow					Grow on support structure such as teepees.
Kale	Direct Sow	Transplant				Brassica family
Leeks		Transplant				Onion family
Lettuce	Direct Sow	Transplant				Plant in succession
Okra		Transplant				Soak seeds overnight before planting.
Onions		Transplant				
Parsnips	Direct Sow					Direct sow 1" apart in wide rows. Thin to 3-4".
Peanuts	Direct Sow	Transplant				Peanut plants need 1½ to 2 inches of water per week during kernel development.
Peppers	Direct Sow	Transplant				Peppers need heat to germinate, 80-90 F
Potatoes		Transplant				Give potato seeds a head start by pre- sprouting or chitting them before planting.
Pumpkins	Direct Sow	Transplant				1 3
Radishes	Direct Sow					Plant in succession.
Rutabagas	Direct Sow					Direct sow 1-2" apart in wide rows. Thin to 8 inches
Shallots	Direct Sow	Transplant				Onion family
Snap Peas	Direct Sow					Plant in succession. Use support structure.
Soybean	Direct Sow					
Spinach	Direct Sow	Transplant				Plant in succession for continual harvest.
Squash	Direct Sow	Transplant				Consider growing on support structure.
Sweet Potatoes		Transplant				Grown from slips, not seeds. 50 Sprouts per slip. Wider spacing produces larger sweet potatoes.
Swiss Chard	Direct Sow	Transplant				Plant in succession.
Tomatoes		Transplant				May require staking. Transfer to to bed or planter.
Turnips	Direct Sow					
Zucchini		Transplant				Plant 3-4 seeds per mound 4 inches high.

	Direct Sow					
Basil	Direct Sow	Transplant				Direct sow.
Cilantro (Slow Bolt)	Direct Sow					Direct sow.
Dill	Direct Sow					Direct sow.
Hedge Nettle	Direst Sow					Direct sow. 6-8 seeds around each pole.
Hyssop (Blue) Hyssopus officinalis	Direct Sow	Transplant				Direct sow.
Lavender	Direct Sow	Transplant				Direct sow spring or summer. Wound and digestive remedies. The herb can be harvested in the summer when just coming into flower (now) and can be dried for later use. The roots can be dug and boiled for a salad as they are starchy with a nutty taste.
Lavender (French - Purple Ribbon)	Direct Sow	Transplant				Mint family, Medicinal anti-viral, attracts pollinators
Lavender Lavandula vera	Direct Sow	Transplant				Mint family, Medicinal anti-viral, attracts pollinators
Lemon Balm	Direct Sow	Transplant				Quick to self propagate.
Oregano		Transplant				Mint Family
Parsley	Direct Sow	Transplant				Carrot Family
Roselle (Red) Hibiscus sabdariffa		Transplant				Produces when days get shorter
Sage	Direct Sow	Transplant				Thin and transplant when 2 true sets of leaves are present.
Catnip	Direct Sow					
Chives	Direct Sow	Transplant				Cut six to eight inches from the top of the plants. This allows vigorous growth throughout the season.
Coriander	Direct Sow					Start indoors or direct sow. Thin seedlings to 8-10 inches.
Stevia	Direct Sow	Transplant				Pair with Thyme and Marjoram.
Thyme		Transplant				Mint family. Thinly scatter seeds and sprinkle with soil.
Rosemary		Transplant				Mint Family. Slow to germinate with 30% success rate.
Mint		Transplant				Quick to self propagate,

					_	Direct sow to avoid transplant shock. Not
Fennel	Direct Sow					a good companion plant. Plant outside of vegetable garden.
Mustard	Direct Sow					
Scallions	Direct Sow					Sow seeds indoors early or direct sow.
Tarragon		Transplant				Start seeds indoors. Low light. Room temperature.
						Head in analysis and madicinally. Chart
Marjoram		Transplant				Used in cooking and medicinally. Start seeds indoors.
Blueberries		Transplant				Start seeds in trays for later transplant.
	Direct					
Cantaloupes	Sow	Transplant				Direct sow 2-3 seeds per hill.
	Direct					
Honeydew	Sow	Transplant				Direct sow 2-3 seeds per hill.
Strawberries		Transplant				Plant in mounded rows.
	Dinast					
Watermelon	Direct Sow	Transplant				Direct sow 2-3 seeds per hill.



## **Milpitas Food Pantry**

**EXTRA VEGGIES?** If you have extra veggies, consider donating to a food pantry! Marcia works at Milpitas Food Pantry and can pick up extra produce on Monday and Wednesday evenings. If you are interested, she can be reached at the following number 408.892.8924.

