

Community Garden

at Community of Christ

990 Meridian Ave., San Jose

Founded 2017

July 2024—Newsletter #39



"To plant a garden is to believe in tomorrow." - Audrey Hepburn

Garden happenings

JUNETEENTH



About 40 people gathered at the Grateful Gardens Sunday afternoon, June 16th, to commemorate the ending of slavery in the United States. The <u>Tabia African American Theater Company</u>, who visited us in prior years, came and shared a celebration through readings and music and dance. This was followed by a "feast," including potatoes grown in our garden. Many thanks to our garden manager, Collette, and Community of Christ pastor Jim who organized the event, and to many others who gave of their time and efforts to celebrate with garden friends and neighbors, even in the extreme heat.

Sharing our various cultures and relationships is what makes our garden unique and sacred.

Go here to learn more about Juneteenth. <u>historical-legacy-</u>

juneteenth



News of plantings:

- Petra planted an "Aloe Row" along the south fence of the garden. She's planting tomatoes in a patch near the blackberry bushes (South-East Side) and relocating some marshmallow trees to the south fence.
- Adel planted pumpkins between sunflowers and the fire circle.
- Britta's cut-flower patch is sprouting!
- Lori, Karen, Marsha and Jim (Community of Christ members) installed elements of the Diane Barnett Peace Arboretum! Stroll down the lane to see the first peace poles, picket fences, and message boards.
- Maddie and Phil planted a native-pollinator garden along the Diane Barnett Peace Arboretum. Robert (Community of Christ) has been very helpfully watering them in.
- **Bill Odea's** herb garden and no-till agriculture patch are flourishing
- Nasrat & Hermat's watermelons and sunflowers are also stunning
- Karen and I moved a horse trough to its new final-final spot to plant with bamboo. It's finally going in!

Collette, Garden Manager

TABLE OF CONTENTS

PAGE 1

- Garden happenings
- Kudos and FYIs

PAGE 2-5

- Garden Hints & Tips
- July September Vegetable/Herb/Fruit Guide
- Milpitas Food Pantry donations
- Volunteer opportunities

PAGE 6

- Grateful Gardens Map & Legend PAGE 7-8
- Pictures

Do you have garden questions, newsletter ideas OR have some free time? Check with Collette or Karen about projects that could use your help. please send an email to gratefulgardenssj@gmail.com

Thanks to <u>WWW.kellogggarden.com</u> for much of the information in this month's newsletter.

ORGANIC GARDENING

We are an organic community garden.
Please use only OMRI approved products including soil amendments, fertilizers, and pest control products.



Kudos and FYI's

Please help:

Adel, Bill and Nasrat do a lot to keep weeds at bay. **Adel asks for help weeding bindweed from between boxes.** If it grows into a box, it can steal a lot of nutrients from your vegetables.

Please don't feed "people food" to the chickens. They can't handle salt at all, and starches lead to egg laying problems, fatty smell-good stuff draws predators and changes their droppings.

We're planting things near the chickens that can be broken off to give to them such as grass, lettuce, broccoli and kale. If you want to **please give chicken-plantings a little mercy-watering,** the chickens will thank you!



Please let Collette know if you see things needing repair at the garden. **408-658-9776**

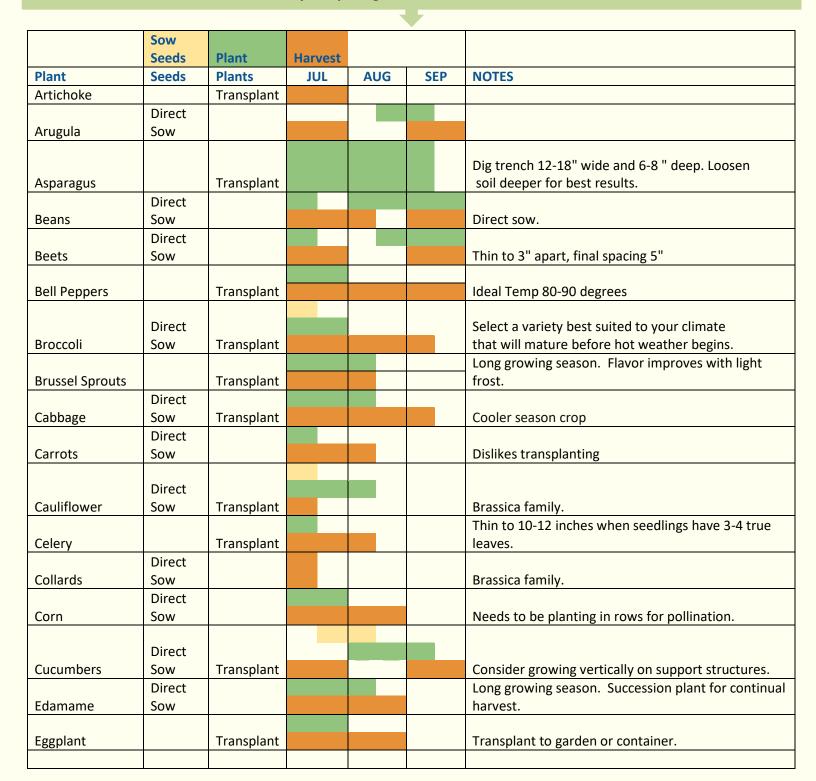
Gardening Hints and Tips

- Stay on top of weeds at least every other day if you can. Pull them out by the roots to prevent further growth. Also, check for insect pests and fungal problems.
- Read more at Gardening Know How: Regional To-Do List: Maintaining Western Gardens In July

Keeping Your Gardens Cool in Summer Heat

- Water at the base of the plants.
 - o This keeps the soil around the plant from drying out quickly.
 - o The best time to water is early in the morning before the sun rises.
- Mulch can shade plants' roots and helps soil retain moisture for long periods of time.
- Use correct soil mixture Using the right soil mixture (using compost) will reduce water usage and raise the nutrient content of existing soil.

July - Sept Vegetable/Herb/Fruit Guide



	Direct			7
Endive	Sow			Direct Sow and thin to 6-12 inches apart
	Direct			
Fava Beans	Sow			Prefers cooler weather.
	Direct			
Garlic	Sow	Transplant		Planting in Fall yields larger bulbs.
	Direct			
Gourds	Sow	Transplant		Plant in hills that are well-spaced.
	Direct			·
Green Beans	Sow			Grow on support structure such as teepees.
				Plant root cuttings18 inches apart in trenches
Horseradish		Transplant		3 to 4 inches deep.
Leeks		Transplant		Onion family
		·		,
	Direct			
Lettuce	Sow	Transplant		Plant in succession
Okra		Transplant		Soak seeds overnight before planting.
	Direct	'		3 1 0
Parsnips	Sow			Direct sow 1" apart in wide rows. Thin to 3-4".
р.	1			
				Give potato seeds a head start by pre-sprouting or
Potatoes		Transplant		chitting them before planting.
		'		
	Direct			
Pumpkins	Sow	Transplant		
- r -	Direct			
Radishes	Sow			Plant in succession.
- Hadishes	30.11			Possible to plant from seed, but less successful.
Rhubarb		Transplant		Planting rhizomes recommended. Heavy feeders.
Middaib	Direct	Transplant		Tranting Thizomes recommended. Treavy recuers.
Rutabagas	Sow			Direct sow 1-2" apart in wide rows. Thin to 8 inches
Nutabagas	Direct			Direct sow 1-2 apart in wide rows. Trill to 8 inches
Shallots	Sow	Transplant		Onion family
Silaliots	Direct	Transplant		Official family
Cnan Dags	Sow			Diant in suggestion. Her support structure
Snap Peas	_			Plant in succession. Use support structure.
Carriage	Direct			
Soybean	Sow			
C. C Is	Direct			Blood in a constitution of the constitution of
Spinach	Sow	Transplant		Plant in succession for continual harvest.
	Direct			
Squash	Sow	Transplant		Consider growing on support structure.
				Grown from slips, not seeds. 50 Sprouts per slip.
Sweet Potatoes		Transplant		Wider spacing produces larger sweet potatoes.
_		_		
Tomatoes		Transplant		May require staking. Transfer to to bed or planter.
	Direct			
Zucchini	Sow	Transplant		Plant 3-4 seeds per mound 4 inches high.
	Direct			
Basil	Sow	Transplant		Direct sow.
	Direct			
Catnip	Sow			Mint Family
	Direct			Cut six to eight inches from the top of the plants.
Chives	Sow	Transplant		This allows vigorous growth throughout the season.

Cilantro (Slow	Direct			
Bolt)	Sow			Direct sow.
·	Direct			Start indoors or direct sow. Thin seedlings to 8-10
Coriander	Sow			inches.
	Direct			
Dill	Sow			Direct sow.
	Direct			Direct sow to avoid transplant shock. Not a good
Fennel	Sow			companion plant. Plant outside of vegetable garden.
	D:			
Caldonnad	Direct	Tuenenlent		Attuacta hanafiaial incasts
Goldenrod	Sow	Transplant		Attracts beneficial insects.
				Direct sow spring or summer. Wound and digestive remedies. The herb can be harvested in the summer
				when just coming into flower (now) and can be dried
	Direct			for later use. The roots can be dug and boiled for a
Lavender	Sow	Transplant		salad as they are starchy with a nutty taste.
Lavender	3011	Transplant		Salad as they are starting with a nately taste.
(French - Purple	Direct			
Ribbon)	Sow	Transplant		Mint family, Medicinal anti-viral, attracts pollinators
Lavender	Direct			,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Lavandula vera	Sow	Transplant		Mint family, Medicinal anti-viral, attracts pollinators
		· ·		
	Direct			
Lemon Balm	Sow	Transplant		Quick to self-propagate.
Mint		Transplant		Quick to self-propagate,
	Direct			
Mustard	Sow			
_				
Oregano	B: .	Transplant		Mint Family
Davelou	Direct	Tuenenlent		Counct fourth.
Parsley (Pad)	Sow	Transplant		Carrot family
Roselle (Red) Hibiscus				
sabdariffa		Transplant		Produces when days get shorter
Sabuarina		Transplant		rroduces when days get shorter
				Mint Family. Slow to germinate with 30% success
Rosemary		Transplant		rate.
,	Direct	'		Thin and transplant when 2 true sets of leaves are
Sage	Sow	Transplant		present.
	Direct			
Tarragon	Sow	Transplant		Start seeds indoors. Low light. Room temperature.
				Mint family. Thinly scatter seeds and sprinkle with
Thyme		Transplant		soil.
Dia alah sasis		Total		Stratify seeds. Once seedlings are 4 inches in
Blackberries		Transplant		height, they can be planted outdoors.
Blueberries	Di	Transplant		Start seeds in trays for later transplant.
Cantalaunas	Direct	Transalant		Direct cow 2.2 coods per hill
Cranes	Sow	Transplant		Direct sow 2-3 seeds per hill.
Grapes	Direct	Transplant		Plant seedling vines 6-10 feet apart.
Hanaydayy	Direct	Transplant		Direct cow 2.2 coods per hill
Honeydew	Sow	Transplant		Direct sow 2-3 seeds per hill.
Raspberries		Transplant		
Strawberries		Transplant		Plant in mounded rows.
JEI G VV DCI I IE3		Transplant		Francin mounded rows.

	Direct					
Watermelon	Sow	Transplant				Direct sow 2-3 seeds per hill.

Milpitas Food Pantry

EXTRA VEGGIES? If you have extra veggies, consider donating to a food pantry!

Marcia works at Milpitas Food Pantry and can pick up extra produce on Monday and Wednesday evenings. If you are interested, she can be reached at the following number 408.892.8924.

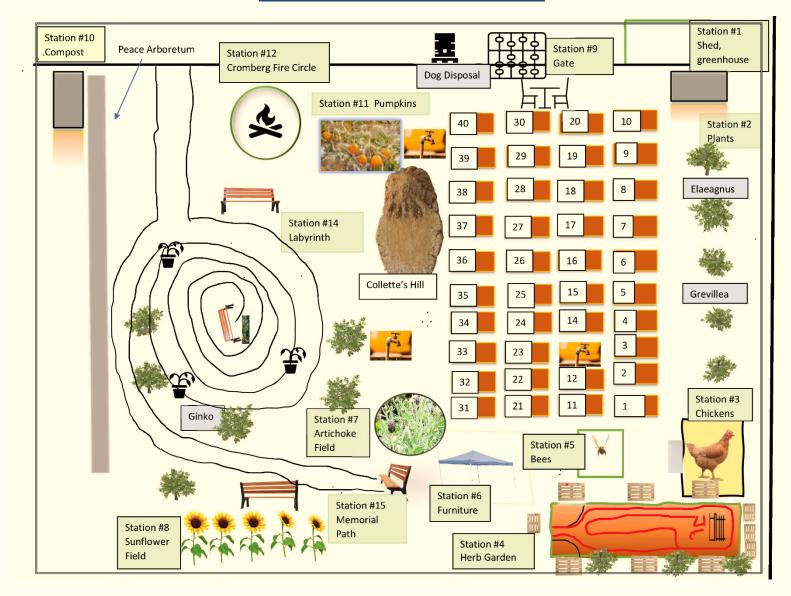


VOLUNTEER OPPORTUNITIES

The garden has many volunteer opportunities. **Following is a map and legend of the stations** within the garden.

The volunteer would adopt the station and maintain the area.

Grateful Gardens Map & Legend



Station 1: Shed and surrounding area – Time: 1-2 hours per week

Station 2: Elaeagnus, Grevillea bushes – Time: 1-2 hours per week

Station 3: Chickens – Time: 5-6 hours per week

Station 4: Herb Garden – **Time:** 2-3 hours per week

Station 5: Bees – Bees need specialized care by knowledgeable staff

Station 6: Furniture, Pop up – Time: varies based on project

Station 7: Artichoke Field – **Time:** 2-3 hours per week

Station 8: Sunflower field - Time: 2-3 hours per week

Station 9: Gate - Time: 2-3 hours per week

Station 10: Compost – **Time:** 4-6 hours per week

Station 11: Pumpkin field – **Time:** 2-3 hours per week

Station 12: Cromberg Fire Circle – Time: 2-3 hours per week

Station 14: Labyrinth – **Time:** 3-5 hours per week

Station 15: Memorial Path – **Time:** 1-2 hours per week



